

# Waiver/Release of Liability

Please Read carefully before signing.  
This is a release of liability and waiver of certain legal rights.  
PLEASE PRINT

Swimmers Name \_\_\_\_\_ Team \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Birthday \_\_\_\_\_ Age Group swimming in \_\_\_\_\_

I, \_\_\_\_\_, the enrolled participant and/or the parent/guardian of the participant agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to, paralyzing injuries and death.

The participant hereby agrees to participate in the Meet of Champions and hereby agrees to indemnify and hold harmless NorCal Swim, its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the participant while participating in the Meet of Champions. The participant also agrees to indemnify NorCal Swim for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of NorCal Swim to have the participant treated in any medical emergency during their participation in the Meet of Champions. Further, the participant and/or parent/guardian agrees to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/health problems of which the staff should be aware.

**I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.**

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_  
(Participant or Parent/Guardian)

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_  
(Participant or Parent/Guardian)